

## Brownhills Tae Kwon Do Tigers 3rd KUP Red Tag Grading Sheet

## **Practical**

Line up come to attention & bow to Master.

Say your name and 3<sup>rd</sup> KUP Sir holding up your right hand.

Pattern Won Hyo and Toi Gye

Green belt line work

1 Step Sparring

Free sparring

## **Theory**

Questions	<u>Answers</u>
What is the meaning of Toi Gye?	Toi Gye is the pen name of the scholar yi Hwang (16 AD) an authority on neo Confucianism.
W-Shape Block	San Makgi
X-Fist Pressing Block	Kyocha Joomak Nollo Makgi
High Twin Fist Strike	Nopunde Doo Palmok Makgi
Knee Kick	Moorup Chagi
How many moves are in Toi Gye?	37
What is the meaning of Red Belt?	Red signifies danger, cautioning the student to exercise control and warning the opponent to stay away.

## **REMEMBER!!!**

No talking in line or at the back of the Dojang while the grading is taking place.

No running around before the grading, just practice.

Call your Instructor, Master or any other black belts Sir for males and Mamm for females.

When leaving the Dojang make sure to bow at the door and leave quietly.